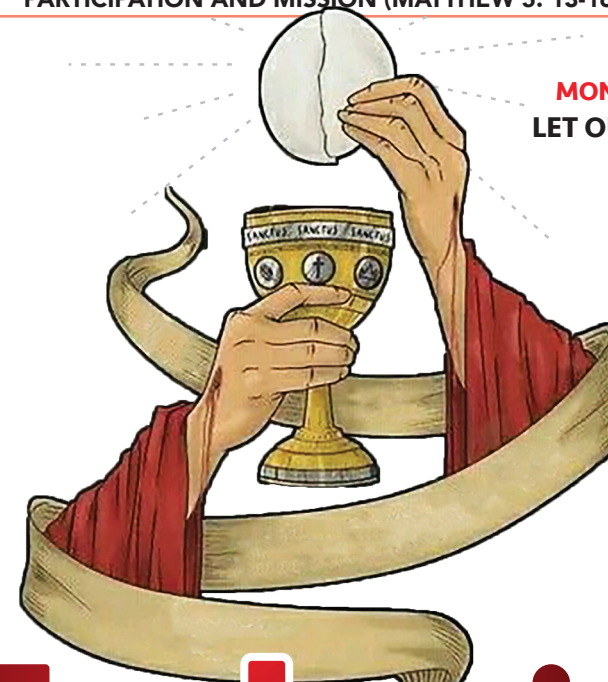


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SALT OF THE EARTH AND LIGHT OF THE WORLD:
CELEBRATING, LISTENING AND WALKING TOGETHER IN A SPIRIT OF COMMUNION
PARTICIPATION AND MISSION (MATTHEW 5: 13-16).

MONTHLY FOCUS
LET OUR CHILDREN
GROW

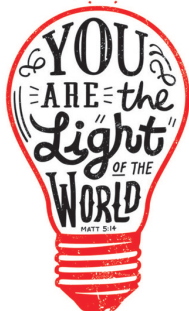


Eucharist ALIVE AND POWERFUL

For Catholics, the Eucharist is definitely a banquet and a gift from God. This is His covenant with us, His promise that He Himself is here with us. That is why the Holy Mass becomes the source and summit of our lives.

“To be friends with God means to pray with simplicity, like children talking to their parents.”

Pope Francis



SCRIPTURE of the DAY

Exodus 24: 3-8

Psalms 115: 12-13, 15-18

Hebrews 9: 11-15

Mark 14: 12-16, 22-26

When Jesus instituted the priesthood at the Last Supper and instructed his disciples to *‘take and eat / drink and do this in memory of me’*, our Lord knew that the Church will do the same ages later. That our unshakeable faith in the Eucharist will lead, guide and protect us.

So much has happened in different parts of the world and in every age where the Holy Eucharist is shared. Many people who go to worship Jesus in the Mass or before the Tabernacle will attest to the miraculous and wondrous events that have unfolded in their lives. This is how Jesus works in us, He fills our emptiness, brokenness and frailty, with His grace. **The promise of Jesus is that He enters and gives meaning to our lives.** In this way, we too will have our own story as to how Jesus in the Eucharist has changed our lives and helped us live better.

Over the years, the Church has been able to respond to key issues in the world, including caring for the poor and marginalised, standing up for equality and human rights, providing proper healthcare and education, caring for and safeguarding the environment and in other ways. We cannot achieve any of these on our own effort. It is Jesus working with us, in us, through us and for us. This is the power of Jesus!

Each time we celebrate the Holy Mass, Jesus comes alive again and again. He takes delight in our presence at this feast, and that we believe in Him and desire to become like Him, *Christlike*. St. Paul tells us that we who are present will receive the promise of eternal inheritance. Jesus Himself assures us that whoever eats this bread will live forever. This is what makes the celebration of Corpus Christi special, in that we recognize that Jesus and us are One – in a love set apart, in holiness. ✦