At Easter,
the words of
St. Irenaeus,
"the Glory of
God, is man
(and women)
fully alive, but
the life of a
person is the
vision of God"
is so true.

Many resources are available in our Church, to help us live this meaningfully. The Theology of the Body is one available. It's a gift to the Church from Pope St John Paul II in the 129 lectures he gave in his Wednesday audience from 1979 to 1984. Through 9 chapters we are helped to experience and live this new life in Christ. The Chapters are:

- **Ch 1** What is the Theology of the Body?
- Ch 2 God's Original Plan For The Body?
- **Ch 3** The Effects of Sin and the Redemption of the Body
- Ch 4- God's Ultimate Plan for the Body.
- **Ch 5** Celibacy for the Kingdom: A Marriage Made in Heaven.
- Ch 6 Marriage as a Divine Gift.
- Ch 7 Marriage as a Human Sign of God's Love.
- **Ch 8** Theology in the Bedroom : A Liberating Sexual Morality.
- **Ch 9** Sharing the Theology of the Body in a "New Evangelisation"

The Theology of the Body is available locally in the English, Mandarin and Bahasa languages. Children are introduced to this in some chapters of their catechism books, teenagers and youth have it in the "Theology of the Body for Teens" series offered during their Confirmation year, and for adults, singles, married, religious and priests, in "The Theology of the Body" series itself. Being a study of life, love and sexuality, it is truly a gift for a more purposeful life, especially for those seeking healing, meaning and happiness in life's challenges, whatever it may be.

Click on the www and you can find many resources on this. Its impact is rich, when studied and experienced together in a group. Ask your parish priest or your Diocesan Pastoral Centre for further info OR Send us an email at: apidirectorkl@gmail.com and we will connect you to the persons concerned.

22nd & 23rd APRIL 2023

NEW WAY OF BEING CHURCH

3rd Sunday of Easter

SALT OF THE EARTH AND LIGHT OF THE WORLD:

COMMUNION (INCLUSIVE), PARTICIPATION (CREATIVE) & MISSION (BRIDGE BUILDING)

MONTHLY FOCUS: FAMILY AND NEWNESS OF LIFE FOCUS EVENT: LENTEN & EASTER SEASON

We are an Easter People Alleluia is Our Song!

his greeting was used by saints from St Augustine, St John of the Cross to St John Paul II to remind us of the wonder of Easter for each of us. Easter makes us a "New Creation" and inspires us to live in Christ Jesus every moment. In Easter, the words of 2nd century St Irenaeus, "the Glory of God, is man/women fully alive, but the life of a person is the vision of God" is so true.



Fr. Eugene
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BUL 17/2023