



**SCRIPTURE
of the DAY**

Genesis 12: 1-4
Psalm 32: 4-5, 18-20, 22
2 Timothy 1: 8-10
Matthew 17: 1-9



His glory shines through. The Greek word that describes this mystery is the verb form of “metamorphosis” - the wondrous unfolding of a butterfly as she emerges from the dark and colourless cocoon.

Most of us would prefer, like the apostles, to remain on the mountain, beholding the glory of our Lord for eternity, without having to descend the hill and be confronted with the horror of suffering, failure and death. But our Lord challenges us to go down the mountain, back into the real world and continue the “ordinary” work of walking with others. Pope Leo XIV tells us, “The Church, like a mother, accompanies those who are walking. Where the world sees threats, she sees children; where walls are built, she builds bridges” (DT 75).

The story of the Transfiguration is a good reminder that though the Lord can bring us up to the mountaintop to have a glimpse of God’s glory and a taste of heaven, and to experience His love tangibly, we can’t stay up there. Life is lived in the low places, in the valleys. God has work for us to do. **We should not forget about the mission of the cross that we are to pick up as servants of Christ.**

And this, is the mysterious nature of our faith. Faith is always drawing us onwards. Just when we thought we knew the answers, we have to set those answers down and move on empty handed. Ultimately, the transfiguration is not just about reaching the tops of mountains, Christ will also be revealed in glory in the loneliness, forsakenness and agony on a cross. And, He will transfigure that cross too - from a sign of death into a sign of life and hope. During this Lent, let us be united with Him in the cross as He unites with us in glory! In the One, we are One. ❖

Jesus’ beauty does not alienate his disciples from the reality of life but gives them the strength to follow him all the way to Jerusalem, all the way to the cross.

- Pope Francis

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BUL 09/2026

Contributed by: Archdiocesan Office of Human Development (AOHD)
Published by: Archdiocesan Pastoral Institute (API) | Email: api@archkl.org

NEWBEC

NEW WAY OF BEING CHURCH | 2nd Sunday Of Lent | 1 March 2026

LENTEN REFLECTION 2

WALKING TOGETHER TOWARDS A SYNODAL AND PROPHETIC CHURCH

A People for Missionary Discipleship

MONTHLY FOCUS: ECOLOGY: Restoring Our Common Home



Lent when compared to Christmas often takes on a darker, more sombre hue. While that is true, the Church also provides us with sufficient light to traverse through “the valley of darkness” by situating the scene of the Transfiguration at the beginning of Lent. The Lord takes Peter, John and James up to a mountain and there,